

Post 377 Tujunga, California

## Family Forum

October 2024

### Message from the Commander

Hello everyone,

Well, summer has passed although the weather hasn't changed much! It feels like this year is going by fast. Holidays are coming up soon; maybe too soon! Please remember to always be aware of your surroundings and to stay safe.

Come join us for some fun filled nights of food, pool and music. Sign up now for our billiards tournament Nov 8-10<sup>th</sup>, Veterans Day Weekend.

It's time for our annual raffle. Tickets can be purchased at the bar or contact any of the Post Officers. Great prizes for the first, second and third place winners!

National Buddy Check week is October 21<sup>st</sup>—25<sup>th</sup>. Buddy Checks encourage veterans to connect or reconnect with veteran friends - just to check in. Veteran Buddy Check Week builds on the success of the American Legion's Buddy Check program. For more information:

[Veteran Buddy Checks - Veterans Experience \(va.gov\)](https://www.va.gov/veteran-buddy-checks)

The Navy's 249<sup>th</sup> birthday is October 13<sup>th</sup>.

United Nations day is October 24<sup>th</sup>. Let us continue to pray for the peace of our country and those countries at war, and for the families affected.

I look forward to seeing everyone at our monthly dinner on Saturday, October 19<sup>th</sup>. Gumbo and cornbread will be prepared and served by Mark and Diana starting at 6 PM. Hard to Handle, A Black Crowes Tribute band, will provide entertainment beginning at 7 PM. Come on out for the fun – we appreciate you! Any veteran needing a meal, the Auxiliary has you covered!

Please continue to remember our Buddy Checks.

Veterans Crisis Line

Available 24/7/365

- Dial 988 then Press 1
- Chat online at [VeteransCrisisLine.net/Chat](https://VeteransCrisisLine.net/Chat)
- Text 838255



*Vincent  
Valdivia,  
Commander*

Commander Vincent Valdivia

# From Your Service Officer and his dog, Rambo



## Keep Smiling!

Are you or your spouse in need of dental assistance but are struggling financially? Interested in free oral care? Yes, you heard me, FREE. If so, a non-profit, **Everyone for Veterans**, might be able to assist you with your oral care. To be eligible, you must have:

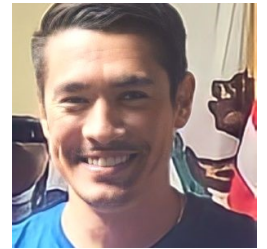
1. Honorable Discharge after completing at least a 2-year enlistment period.
2. Experiencing financial hardship.
3. Must be less than 100% disabled.

Not to repeat myself, this also includes spouses.

To apply, visit <https://www.everyoneforveterans.org/>

Click "Apply Now" then click "Learn about our dental program".

**Everyone for Veterans** will be accepting applications on November 1st, 2024. Be on top of your game and mark the date on your calendar.



*David Gouger  
Service Officer*

*Semper Fidelis*



## THE ANNUAL TOYS FOR TOTS DRIVE HAS BEGUN!

Bring an unwrapped toy to the Legion Hall  
and place in the big box in the bar area.

The drive will run  
through December 13th.

The USMC Reserves will distribute the toys to  
needy children in our community.



**Saturday, 14 December 2024**  
**0900 hours**  
**Verdugo Hills Cemetery**  
**7000 Parsons Trail, Tujunga**





**AMERICAN LEGION POST 377**

# **ANNUAL WINTER RAFFLE**

**First Prize: \$5,000**

**Second Prize: \$1,000**

**Third Prize: \$500**

**\$50 per Ticket**

**350 Tickets To Be Sold  
Drawing on December 21, 2024 at  
Birthday Dinner Celebration**

Contact Hector at (213) 631-0961

**10039 PINWOOD AVENUE, TUJUNGA, CA 91042**

(818)353-9856 | [info@legionpost377.org](mailto:info@legionpost377.org)

If you can read, thank a teacher. If you can read it in English, thank a Veteran.

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 US Navy Birthday	14 Pool League 7 PM	15 Men's Pool League 7 PM	16 Pool League 7 PM	17 Women's Pool League 7 PM	18	19 Family Dinner 6 PM Hard to Handle
20	21 Pool League 7 PM	22 Men's Pool League 7 PM	23 Grenada Campaign Began 1983 Pool League 7 PM	24 United Nations Day Women's Pool League 7 PM	25	26 National Day of the Deployed
27 Navy Day	28 Pool League 7 PM	29 Men's Pool League 7 PM	30 Pool League 7 PM	31 Halloween Women's Pool League 7 PM	1	2

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3 MEETINGS: Legion at Noon Auxiliary at 1:30 PM Juniors at 3 PM	4 Pool League 7 PM	5 Men's Pool League 7 PM	6 Pool League 7 PM	7 Women's Pool League 7 PM	8 Billiard Tournament FM Radio Band Game Night at the Post	9 Billiard Tournament- Day 2 Code Red band
10 Marine Corps Birthday Billiard Tournament-Day 3 Old Dawgs New Tricks Band	11 Veterans Day- Signing of WWI Armistice-1918 Scouts put out flags Pool League 7 PM	12 Men's Pool League 7 PM	13 Pool League 7 PM	14 Women's Pool League 7 PM	15	16 No Birthday Dinner this day
17	18 Pool League 7 PM	19 Men's Pool League 7 PM	20 Pool League 7 PM	21 Women's Pool League 7 PM	22	23 Legion's Deep Fried Turkey Dinner LaRue Sounds Band
24	25 Pool League 7 PM	26 Men's Pool League 7 PM	27 Pool League 7 PM	28 Happy Thanksgiving Day	29	30

# December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Civil Air Patrol Birthday MEETINGS: Legion at Noon Auxiliary 1:30 PM Juniors at 3 PM	2 Pool League 7 PM	3 Men's Pool League 7 PM	4 Pool League 7 PM	5 Women's Pool League 7 PM	6	7 National Pearl Harbor Remembrance Day
8	9 Pool League 7 PM	10 Men's Pool League 7 PM	11 Pool League 7 PM	12 Women's Pool League 7 PM	13 National Guard Birthday Game Night at the Post	14 Wreaths Across America at Verdugo Hills Cemetery 9 AM

# Everyone had a scary good time

Paint Night on October 3rd was another enjoyable and relaxing evening at Post 377 as each of us created a scary ghost on canvas. Talented artist, Becky Slaughter, guided us through the painting process, giving each of us personalized advice. The culinary expertise of Peggy Carroll provided all who attended with Walking Tacos for dinner and Sweet Treats for dessert. We look forward to the next paint night when we can take home yet another masterpiece!



**POST 377**

**BILLIARDS TOURNAMENT**

**SIGN UP NOW**  
ONLINE OR IN-PERSON

**ACTIVE DUTY / VETERAN ONLY "SINGLES" TOURNAMENT**  
**(FRI, NOV. 8TH: 6PM) - FREE TO ALL SERVICE MEMBERS**

**(SAT, NOV. 9TH: 3 - 6PM) - \$10 TOURNAMENT I "SINGLES"**

**(SAT, NOV. 9TH: 7PM) - \$20 TOURNAMENT II "DOUBLES"**

**(SUN, NOV. 10TH: 12 - 3PM) - \$10 TOURNAMENT III "SINGLES"**

**(SUN, NOV. 10TH: 4 - 7PM) - \$20 TOURNAMENT IV "DOUBLES"**

**NOVEMBER 8-10 2024**

**BAND SCHEDULE:**

**FRI. 7PM: FM RADIO**

**SAT. 7PM: CODE RED**

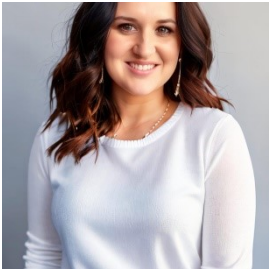
**SUN. 4 - 7PM: OLD DAWGS NEW TRICKS**

**VETERANS DAY WEEKEND**

**LIVE MUSIC - FOOD - PRIZES**

10039 PINEWOOD AVE TUJUNGA, CA 91042

PHONE: (818)353-9856 EMAIL: POST377EVENTS@GMAIL.COM



## Auxiliary President's Message

As the Auxiliary President of the American Legion Post in Tujunga, I invite our community to discover the numerous benefits of volunteering with us. Did you know that older volunteers often experience improved physical and mental health, greater life satisfaction, and even lower rates of depression?

Engaging in volunteer work not only fosters a sense of purpose but also has been linked to longer lifespans. Research shows that states with higher volunteer rates tend to have healthier populations overall. We encourage everyone to get involved and make a difference.

For more insights on the power of volunteering, check out "It's Good to Be Good," a compelling TEDx Talk.

Join us in serving those who served our country— together, we can strengthen our community and ourselves! Special thank you to Ron Clark, Peggy Carroll, and Joe for another successful game night.

Chandra Young  
President, American Legion Auxiliary Unit 377

## Navy Day

Navy Day is celebrated annually on October 27th to recognize the bravery and service of the men and women who have served in the United States Navy, past and present. Navy Day is not an official federal holiday, but rather an observance recognized by the Navy League of the United States and other organizations.

The day is meant to focus attention on the importance of the U.S. Navy and its personnel, as well as to honor their service and sacrifices.

## Chaplain's Corner



Trish Ramsey  
Chaplain

*"For history does not long entrust the care of freedom to the weak or the timid."*

Dwight D. Eisenhower

### PRAYER FOR AMERICA

Almighty God, who has given us this good land for our heritage, we humbly beseech Thee that we may always prove ourselves a people mindful of Thy favor and glad to do Thy will. Bless our land with honorable industry, sound learning, and pure manners.

Save us from violence, discord, and confusion; from pride and arrogance, and from every evil way. Defend our liberties, and fashion into one united people the multitude brought hither out of many kindreds and tongues.

Endow with the spirit of wisdom those to whom in Thy name we entrust the authority of government, that there may be justice and peace at home, and that through obedience to Thy law, we may show forth Thy praise among the nations of the earth.

In time of prosperity, fill our hearts with thankfulness, and, in the day of trouble, suffer not our trust in Thee to fail.

Strengthen our devotion to Thy teachings and make us worthy of the citizenship, which these young people are fighting to maintain.

Bless those in authority in our city, state, and nation with wisdom to know and strength to do their duties honestly and well.

Hear our prayer, Our Father; help us and bless us. Amen

*At this critical time in our Country,  
may God Bless America with Wisdom,  
Strength and Compassion  
and good old common sense on this  
November 5<sup>th</sup> election.*

## Honoring the Veterans Buried at Verdugo Hills Cemetery



American Legion Post 377 and Auxiliary Unit 377 will participate in Wreaths Across America again this year. Research being done by the volunteers at the cemetery have found **over 200 veterans** buried there. Most have long since been forgotten. We want to place wreaths on as many veterans' graves as we can. Please plan on attending this patriotic and moving ceremony where you will be able to remember and honor our veterans. This is just one of the over 4200 ceremonies that will take place across America on December 14th. Be a part of it.



## Will you sponsor a wreath?

The cost is \$17 per wreath and must be ordered through the Wreaths Across America web-site:

<https://www.wreathscrossamerica.org/>

From the home page:

Click on SPONSOR WREATHS and choose the NUMBER OF WREATHS you wish to sponsor and then click NEXT.

Under #2 WREATH PLACEMENT, click on CHOOSE A SPECIFIC LOCATION and then click on SELECT YOUR LOCATION.

A map of the US will come up. In the upper right hand corner, type in CAVHPP for Verdugo Hills of Peace Pioneer Cemetery and click on SELECT THIS LOCATION. The screen will go back, then click on NEXT.

Click on ADD TO CART and you will be prompted to pay with a credit or debit card.

## Thank you!

**UPDATE YOUR  
CONTACT  
INFORMATION**



If you are receiving a hard copy of this newsletter in the mail, we would like to start sending you the e-mail version.

Please send your e-mail address to [PubRelIALA377@gmail.com](mailto:PubRelIALA377@gmail.com) so the membership database can be updated.

**Post 377**

10039 Pinewood Avenue  
Tujunga, California 91042

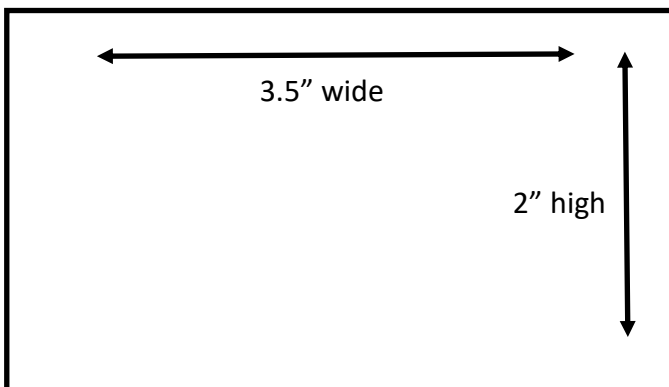
The next American Legion meeting is **Sunday, November 3rd** at Noon.  
We hope you will attend.

The Auxiliary meeting will follow at 1330 hours.  
Also available on Zoom. Watch your email for details.  
The Auxiliary Juniors will meet after the Auxiliary at 1500 hours.

## Place an Ad in the Newsletter

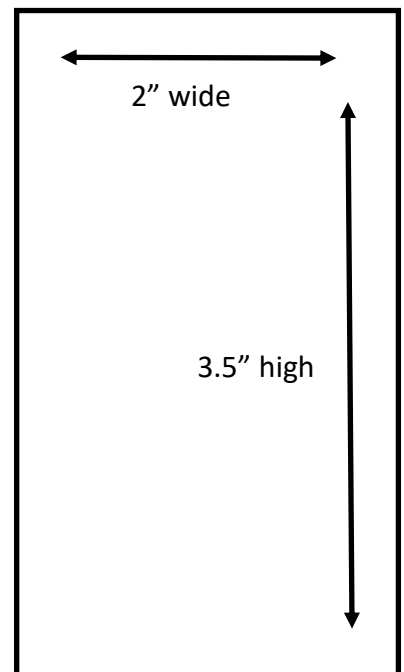
Whether you want to promote your business, send birthday or anniversary wishes, or make an announcement, here is your opportunity.

- \$35 per ad, per month
- Ads are 3.5" x 2" (business card size)
- Send camera ready art work in JPEG format to: PubRelALA377@gmail.com
- Deadline is the first Friday of each month
- An invoice will be generated and e-mailed to you and to the Legion Treasurer
- Payment is due upon receipt of invoice
- Ad space is available only to our members



If you need help  
designing an ad,  
we can help you.

Let us know what you  
want and we'll design  
something for you.



**Support Legion  
and Auxiliary  
Businesses**